## **Salient Features of Aashray**

- Mata Vaishno Devi Temple
- Community Hall for entertainment, talks for spiritual growth & stress management, yoga, group activities etc. Also equipped with

a projector for power point Presentations and Movies.

- Refreshing Swimming Pool
- Terrace Garden for Celebrations, Fun, Enjoyment.
- Massage Room and Open Gym.
- Common Room for Informal interaction and indoor games. It is also equipped with Home Theatre
- Health Centre
- Table Cricket Room
- CCTV Cameras, Public Address System, EPBAX System and Salon
- Beautiful lush green Garden

## **Appeal for Donations**

We request the benevolent philanthropists to donate liberally for this noble cause. Bharatiya Vidya Bhavan is recognised as an "Institution of National Eminence". Donations to the Bharatiya Vidya Bhavan are eligible for 100% deduction u/s 80(G)(2a)iiif of the Income Tax Act. Please remit your donations for Bhavans Aashray to **S.B. A/C : 00900110009413 IFC:UCBA0000090** BHARATIYA VIDYA BHAVAN UCO BANK CHOWPATTY, MUMBAI - 400007

# **Bhavans** Aashray

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## Bhavans Aashray .... The Companion of Life

A home for Senior Citizens

A home for Divine Angels

A Rehabilitation and Vocational Centre for Persons with Disabilities (Mentally Challenged)



Bharatiya Vidya Bhavan

Amritsar Kendra







#### **BHAVANS AASHRAY**

Bhavans Aashray is an ambitious project of Bharatiya Vidya Bhavans Amritsar Kendra. Bharatiya Vidya Bhavan, a pan - India organisation was established by Sh. K M Munshi, popularly known as Kulpati, an eminent freedom fighter, a great educationist and an exponent of Indian culture. With a glorious history of more than 80 years it is enthusiastically engaged in promoting Indian culture, legacy and values. Bhavan's Aashray as the very name suggests, is to provide shelter to those who urgently need it i.e.senior citizens, abandoned girl children, and mentally challenged young persons. The idea of Aashray was instantly conceived when Bhavan came to know in 2017 that there was no provision to bring up the abandoned girl children of Amritsar in their own city. Highly upset and ashamed at the plight of these new born, Bhavan immediately decided to do something in this regard on the priority basis. This resolve was further strengthened by the desire to have a state of art Home for those senior citizens, who in various capacities have served the society and country so well, The uniqueness of this idea is that Senior Citizens will get the feel of loving children ( this will also help them overcome their loneliness) and children will get the parental care of parents making it a vibrating family environment at Aashray. Head office and state officials were contacted to get the necessary approval. and a drive to mobilize the resources was launched. The result of four years of untiring efforts unmindful of the cost or physical discomforts, is that our dream has come true. The magnificent multi - storey super structure with all the facilities and amenities stands testimony to our commitment to the declared objective of reaching out to the needy.

#### Aashray- A Three-in One Shelter \_

• Bhavans Aashray is a "Three -in - One project." Besides a Home for divine angels (abandoned girls) who will be provided with parental love and all facilities to grow as responsible citizens, it has made appropriate arrangements to have an excellent Home for the silver (senior) citizens and a vocational training centre for young persons with disabilities (mentally challenged)



## A Home for Senior Citizens

Over the last more than half a century our country too is facing the problem of senior citizens who need our special care and consideration. Earlier India was by and large free of this problem due to the solid strength of our age old joint family system. But now with the emergence of nuclear families things have changed. Under these circumstances, the elite class like Executives, Businessmen, Educationists and the like who have served the country in various positions ethically with commitment and sincerity and who in their hay days have lived a very comfortable life face a peculiar situation. They have no financial problem, but for one or another reason are left alone to tend to themselves. They deserve our sympathetic and respectful care to live a tension & stress free life honorably in a serene family like environments as per their standards.

This Home can accommodate 60 senior citizens on twin sharing basis in spacious & fully furnished A C rooms with facilities of :

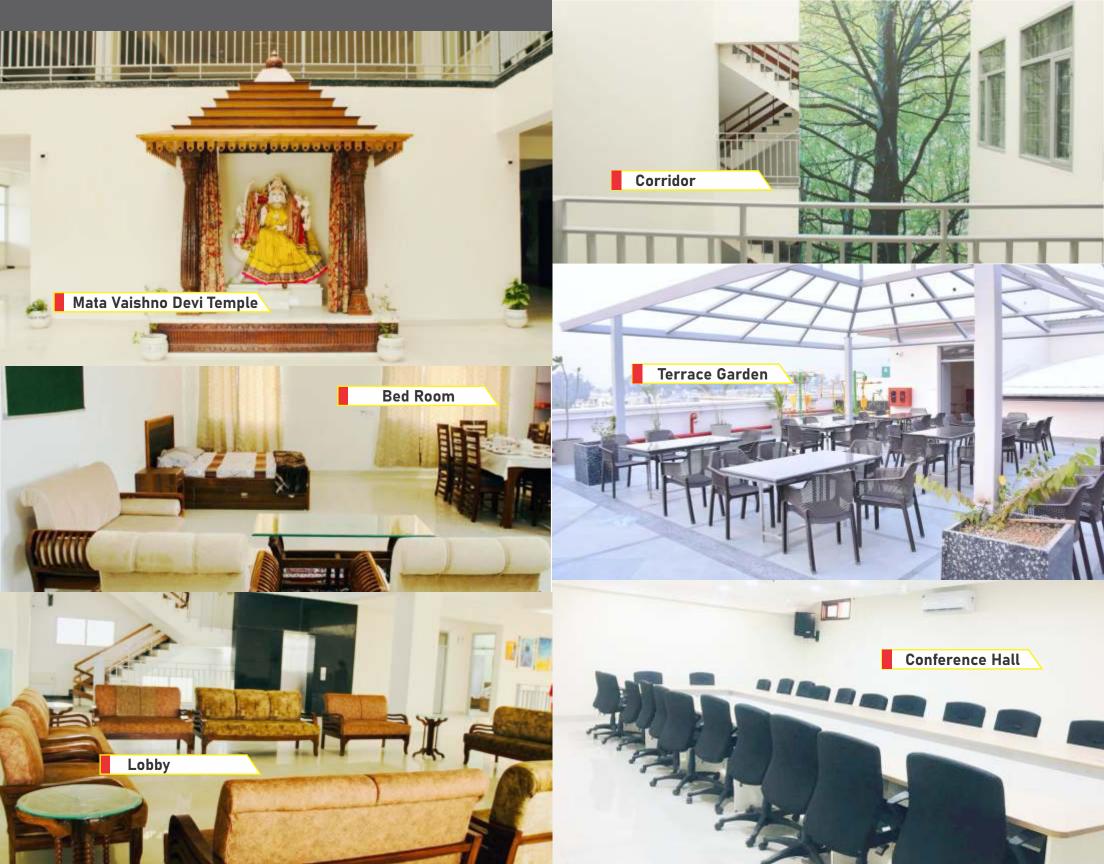
- Attached Bathrooms,
- LCD Television,
  Microwave,

Refridgerator, Electric Kettle

As such the senior citizens joining this Home need not bring anything other than their personal clothes.

Basic Requirements for Membership of Old Age Home.

- Should be medically fit with no communicable or any serious disease.
- Should have no criminal record or any criminal case pending in any court or police station
- In case a member conceals such information at the time of admission, the management has the right to instantly terminate his / her membership.
- THE MANAGEMENT RESERVES THE RIGHT OF ADMISSION OF ANYONE IN BHAVANS AASHRAY.









## A Home for Divine Angels (Abandoned Girls)

his is necessitated by deeply rooted tradition of preference for male child, marginal social & economic position, and intense pressure of dowry, insecurity and humiliation. This makes the poor and the ignorant abandon their newly born girls in the Red Cross Panghoora. They abandon even their grown up girls at crowded Railway stations and fairs. We shall provide 80 such girls, with food, health care, good education. The presence of senior citizens in the Aashray will give them a much larger family with an emotional bond. The effort is to ensure their holistic personality development. We shall promote their adoption by good families through Govt. Agencies.





## Rehabilitation and Vocational Centre for Persons with Disabilities

(Mentally Challenged)

Young mentally challenged persons, who otherwise may look fit are actually a source of much worry and tension' for the parents. With age they become physically strong but remain mentally ill. Due to their this state of life, they normally become problematic for the families. Uncared and unguided they pose a big socio - economic challenge.They need supportive relationship with family, neighbors and friends rather than social isolation.They infact require compassionate care and love to make them self reliant by teaching them some skill to make them professionally employable. Bhavans Aashray has earmarked one full spacious floor for establishing a skill development centre where they will be trained in various skills as per their aptitude and nature. The centre is

fully air conditioned and well equipped with latest machines and gadgets. Highly qualified and especially trained staff has been appointed to teach these young persons. It is a unique centre, first of its kind in Punjab.It will be a Day care centre only.



This is our small attempt to be of some help to those who might lose the sheen of their life for lack of care and sympathy. BHAVANS AASHRAY IS THE FIRST '3 IN 1' CENTRE OF ITS KIND IN PUNJAB, THAT PROVIDES SHELTER TO THREE CATEGORIES OF PEOPLE UNDER THE SAME ROOF.